

# Let's Get You **Unstuck** From Breakdown To **Breakthrough**

Are you feeling stuck in certain areas of your life? Are you living a life you love?

## Meet Jennifer - JV The Coach

I'm Jennifer Vazquez, the face of 'JV The Coach'. I specialize in getting people unstuck in specific areas of their life so I can then help them create a life they truly love.

## Mindset Coaching Services



### My mission

To get people unstuck and teach them how to thrive in every area of their life; health, finance, career and personal.

### Who's coached with me?

Small business owners, project managers, accountants, journalists, singers, songwriters, yoga instructors, marketing consultants, financial planners, newly divorced men and women and college students

### Are you feeling stuck?

- Do you question why you aren't further in life than you thought you'd be?
- Do you wonder why you can't stay the course around your vision?
- Are you unclear as to why you can't find a true romantic or business partnership?
- Is it challenging to be happy with who you already are and what you already have?
- Are you still at a halt in your life from a traumatic episode from years back?

### What do I promise my clients?

- A safe space to be vulnerable; free of judgement
- To quickly uncover their wants, needs, blocks and strengths
- To get to the root of what's blocking them with efficiency
- To provide effective tools to help them shift their mindset for lasting change
- To successfully guide them towards their goals
- To help them move towards their ideal romantic partner, career and life's path
- To bring out curiosity and excitement around their growth process
- To listen to them deeply; asking powerful questions
- To incorporate my intuitive and spiritual gifts into each coaching session
- To be the best coach they've ever had



Nashville, TN



Let's set up a **FREE** consultation

## Testimonials

**Jennifer H. / Songwriter, Healer & Mom** - "Jennifer has a gift of knowing the right thing to say, and had just the right tools for getting me unstuck and getting me back on track during a difficult period. She not only showed me the way but taught me how to do the work for myself that needs to be done to have a productive, happy life."

**Matt O. / Templater at Intellistone** - "Jennifer is exceptionally perceptive, and is quick to get to the root of the issue at hand. She has helped me to confront my self-defeating mantras, and to replace them with self-love, and a renewed willingness to pursue my goals and be the best version of myself."

**Schedule a Free Consultation**  
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**[JVTheCoach.com](http://JVTheCoach.com)**