

Before



Jennifer Vazquez

JV The Coach



Schedule a  
**FREE** Consultation

615-266-6399

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Decluttering, Organizing  
& Mindset Coaching  
Services



[www.jvthecoach.com](http://www.jvthecoach.com)

Let's Bring **Calm**  
Back Into Your **Home**



**Decluttering, Organizing  
& Mindset Coaching  
Services**







Before

The mind and the home  
are truly interconnected.  
If one is cluttered,  
the other will suffer.



After

## Meet Jennifer

I'm Jennifer Vazquez, the face of 'JV The Coach'. I specialize in providing decluttering, organizing and mindset coaching to busy and overwhelmed families, professionals and individuals.

### What do I do?

I create calm, clarity and ease around stressful, overwhelming home situations by

- Decluttering more efficiently to free up my client's time for what matters most
- Decluttering home spaces to make them accessible and easy to maintain
- Providing clients with compassion, empathy and non-judgement
- Coaching clients through physical and mental blocks during each session
- Helping clients create new home habits to maintain their newly organized spaces
- Helping clients downsize spaces and move into a new home
- Helping clients, who've lost a loved one, go through storage units and downsize
- Mapping out a plan when clients are ready but unclear around how to begin

## EMILY B. - TRAVELING NURSE

"Jennifer helped me declutter and organize my closet, bathroom and bedroom after being on the road for 9 months. She helped me prioritize things I love and make them more accessible. She helped me delve into the reasons I can't let go of certain things and why I keep buying new things that don't serve me. I'm a month out from Jennifer's visit and not only is my space still beautiful and functional, the skills she taught me have allowed me to organize more spaces in my home."



## JESSICA WILMOTH - ACCOUNTANT

"I'm so excited and thrilled to see the transformation my home has made with Jennifer's help! I was just totally overwhelmed with where to begin in decluttering and making space again in order to enjoy my home. She's super fast and efficient. Jennifer broke it up into small manageable jobs that allowed me to focus and see my house again for the potential it has. She's just amazing!"